

## Dorset Green Living Project Record and Evaluation Form

Please complete this before your first session (the blue bits), and then again at the end of your last one (the green bits). This will help you see what changes you have made. It also helps us to evaluate the impact of the whole project. On this first page we are also collecting demographic data about the type of heating system you use today, and the kind of home you live in – we hope you are happy to share this with us, but it's optional – many thanks. In this form we will refer to the Dorset Green Living Project as DGLP.

**NB:** For the sake of accuracy, please submit a separate evaluation form with the individual carbon footprints & actions of each member of your household age 10 and above.

Your personal information will be kept private and held securely in accordance with our privacy policy, which is available on our website at [www.sustainabledorset.org](http://www.sustainabledorset.org).

**Your name:** \_\_\_\_\_ **Your group's name/location:** \_\_\_\_\_

**Date of first session:** \_\_\_\_\_ **Date project completed:** \_\_\_\_\_

**Home address & postcode:** \_\_\_\_\_

Using the Resurgence carbon calculator at [www.resurgence.org/resources/carbon-calculator.html](http://www.resurgence.org/resources/carbon-calculator.html) please calculate your personal total CO2 emissions per year in tonnes and enter the before and after figures below:

### YOUR CARBON FOOTPRINT:

**Start of project - Date:** \_\_\_\_\_tonnes of CO2

**End of project - Date:** \_\_\_\_\_tonnes of CO2

NB: UK average emissions are 10 tonnes per person per year. The UK government pledged to cut emissions by 80% by 2050 to around 2 tonnes per capita, which is the sustainable CO2 quota per global capita.

### INFORMATION ABOUT YOUR CURRENT HOUSEHOLD:

<b>No. of adults:</b>	<b>No. of children &amp; ages:</b>	<b>No. of rooms:</b>
<b>Gender:</b>	<b>Your ethnic origin:</b>	<b>Age:</b> 10-18   19-40   41-60   61-80   80+

### YOUR HOME HEATING SYSTEM – please circle the most applicable to your main heating system(s):

<b>Biomass/Wood:</b>	Boiler	Log Burner	
<b>Coal:</b>	Boiler - automatic (gravity feed)	Boiler - manual feed	
	Solid fuel stove	Open fires	
<b>Gas:</b>	Boiler (new/less than 5 yrs old)	Boiler (condensing, 5-10 yrs old)	
	Boiler (older than 10yrs)	Room heaters	Back boiler
<b>Oil:</b>	Boiler (new/less than 5 yrs old)	Boiler (condensing, 5-10 yrs old)	
	Boiler (older than 10 yrs)	Room heaters	Warm air
<b>LPG:</b>	Boiler (new/less than 5 yrs old)	Boiler(condensing, 5-10 yrs)	Boiler (older than 10 yrs)
<b>Electric:</b>	Modern storage heaters - slimline	Old storage heaters - large volume	
	Underfloor heating	Room heaters - convector, fan, panel or radiant heaters	

### Current renewable energy systems operating at your home

Biomass heating	Ground/air source heat pump	Hydroelectric power	Photovoltaic solar panels
Solar water heating	Wind turbine	Battery storage system	Other
<b>Property type:</b>	Rented/Owned	Flat/Maisonette	Mid terrace
	Semi/detached house	Other	Approx age of your home:

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Please complete the blue sections at the beginning of the project and the green at the end.

What are you hoping to achieve with The Dorset Green Living Project?

Did you achieve your goals? Yes, no or partly and please give any other info if you wish.

Please tick the most appropriate

	Strongly agree	Agree	50/50	Disagree	Strongly Disagree	Strongly agree	Agree	50/50	Disagree	Strongly Disagree
<b>1</b> I feel overwhelmed by climate change										
<b>2</b> I know many ways to reduce my carbon footprint										
<b>3</b> I have reduced my CO2 emissions & will continue to do so										
<b>4</b> I know several easy ways to cut household costs										
<b>5</b> I feel isolated from my local community										
<b>6</b> I have caring relationships with local people										

The following questions refer to the Dorset Green Living Guide

Ch2 Spend less, eat better	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree
<b>7</b> I eat very little meat or dairy	1	2	3	4	5	1	2	3	4	5
<b>8</b> I eat only plant based food	1	2	3	4	5	1	2	3	4	5
<b>9</b> I don't waste food/drink	1	2	3	4	5	1	2	3	4	5
<b>10</b> I buy local seasonal food	1	2	3	4	5	1	2	3	4	5
<b>11</b> I buy organic food/drink	1	2	3	4	5	1	2	3	4	5
<b>12</b> I avoid plastic-wrapped food/drink	1	2	3	4	5	1	2	3	4	5
<b>13</b> I/we grow fruit/vegetables	1	2	3	4	5	1	2	3	4	5

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<b>Ch 3 Spend Less on Energy</b>		Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree
14	I use a 100% renewable electricity company	1	2	3	4	5	1	2	3	4	5
15	I switch things off after use	1	2	3	4	5	1	2	3	4	5
16	All my/our lights are LEDs	1	2	3	4	5	1	2	3	4	5
17	I've reduced my heating	1	2	3	4	5	1	2	3	4	5
18	I have a renewable heating system	1	2	3	4	5	1	2	3	4	5
19	I have solar PV panels	1	2	3	4	5	1	2	3	4	5
20	I've insulated pipes/tank/loft/walls	1	2	3	4	5	1	2	3	4	5

<b>Ch 4 Getting around</b>		Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree
21	I avoid driving (petrol/diesel)	1	2	3	4	5	1	2	3	4	5
22	I drive a fuel car efficiently	1	2	3	4	5	1	2	3	4	5
23	I cycle and walk as much as possible	1	2	3	4	5	1	2	3	4	5
24	I choose buses or trains	1	2	3	4	5	1	2	3	4	5
25	I use an electric car	1	2	3	4	5	1	2	3	4	5
26	I use car clubs/lift-share	1	2	3	4	5	1	2	3	4	5
27	I don't go on flights/cruises	1	2	3	4	5	1	2	3	4	5

<b>Ch 5 Wasting away</b>		Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree
28	I avoid single-use plastics	1	2	3	4	5	1	2	3	4	5
29	I avoid buying non-essentials	1	2	3	4	5	1	2	3	4	5
30	I try to re-use and or buy 2nd hand	1	2	3	4	5	1	2	3	4	5
31	I mend or repair broken items	1	2	3	4	5	1	2	3	4	5
32	I recycle my waste thoroughly	1	2	3	4	5	1	2	3	4	5

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Ch 6 Save on water		Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree
33	I minimise flushing WC(s)	1	2	3	4	5	1	2	3	4	5
34	I avoid leaving taps running/leaking	1	2	3	4	5	1	2	3	4	5
35	I've minimised showers/baths	1	2	3	4	5	1	2	3	4	5
36	I use rain/grey water outdoors	1	2	3	4	5	1	2	3	4	5

Ch 7 Community Building		Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree	Strongly agree	Agree	50/50	Dis-agree	Strongly Disagree
37	I help with local community events	1	2	3	4	5	1	2	3	4	5
38	I share lifts/tools/skills with neighbours	1	2	3	4	5	1	2	3	4	5
39	I planted/cared for local plants, trees or flowers	1	2	3	4	5	1	2	3	4	5
40	I buy from local, independent businesses	1	2	3	4	5	1	2	3	4	5

### Feedback about the Dorset Green Living Project

And finally, at the end of your final session, please take a few moments to tell us what you liked the most and the least about the DGLP and any ideas for changes or additions...

Things I liked most (and why):

Things I liked the least (and why):

Suggestions for the project: